



Share a Fruit...Fruit of the Spirit Series
A Summer of Fun, learning and Lots of Flavor!



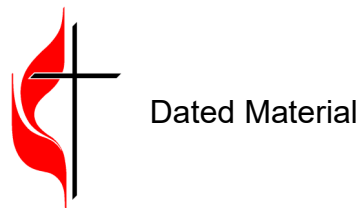
Dates to Remember

July 20	Sundae Game Night	4:00 pm	Chapel of the Hills
August 3	Fruity Potluck	12:00 noon	Chapel of the Valley
August 9	MIM Pancake Breakfast	8:30 am	Chapel of the Valley
August 23	Relay for Life	10:30 am	Liberty Station (Preble Park)
August 24	VIM Ice Cream Social	3:00 pm	Chapel of the Hills

Plus— Sunday Smoothies and other Fruity Treats Sunday mornings
Plus plus— Suggested weekly activities and movies to see with your family and friends

United Methodist Chapel of the Valley
1465 E. Madison Ave.
El Cajon CA 92019-1002

CHANGE SERVICE REQUESTED



www.umchapelvalley.org

July and August

UM CHAPEL OF THE VALLEY

Chapel Challenge

From Julie’s Journal
I write this journal entry after recovering (a little bit) from our Annual Conference. The end of June is like the end of the year. It is a closing of the appointment year and July starts the new appointment year. I am starting my 11th year at Chapel of the Valley and I am starting my 5th year at Chapel of the Hills. I look forward to another year with both of the Chapels! I pray for each of you as we start another year at the crossroads. I say that, because it church is still at a crossroads in their journey. This year, I pray that each church is able to listen to the call of the Spirit and move in the direction that God is calling us. It will take work and planning to move in the direction we are called to move. I know it is easy to just stay at the crossroads and keep the status quo. However, I feel that we have no choice to move forward into the future that is planned for us by God. This summer, during our worship series looking at the fruits of the Spirit, I hope that we discover the gifts and graces we all have to help us into our futures. That is my pray for the next year. In the meantime, let me introduce our new worship series for this summer!

A Summer of Sweet Surprises and Spiritual Growth. Share a Fruit...A Fruit of the Spirit! This summer, we’re going fruity—in the best possible way! Join us for a refreshing and joy-filled worship series where we’ll explore how the Holy Spirit cultivates Christlike character in our lives through the *Fruit of the Spirit*: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. Each week, we’ll celebrate one of the Spirit’s gifts alongside a delicious fruit that helps us

Inside this issue:

Julie’s Journal and Prayer Time	1, 2
Worship Themes Scripture Readers	2
Prayer Concerns and Prayer Chain Info	3
Church meetings	2
Fruit Potluck	2
Relay for Life Methodists in Motion	3
Fruity Summer Schedule	4

remember how it shows up in real life and make these virtues flavorful, fun, and memorable. Come hungry for inspiration, some sweet treats, and always engaging worship for all ages. Let’s grow together this season—rooted in God’s love, nourished by the Spirit. We will also will have activities during each week that you can do at your home with your family to supplement the fun! Along with all of that we will have community events at both churches to join in on. There is the Fruit of the Spirit Game Night in July at Chapel of the Hills; then there will be a fruit potluck at Chapel of the Valley in August; a Pancake Breakfast to raise funds for our Methodists in Motion Relay for Life Team at Chapel of the Valley and an Ice Cream Social to raise fund for the Volunteers in Medicine at Chapel of the Valley in August as well. And finally, we will be having special treats on Sunday mornings such as Smoothie Sundays and Fruity Treat Sundays. You do not want to miss any of those! So come and enjoy what you can during our summer of fruity fun!

It was great fun in June to be in the Descanso Day Parade with our preschool kids and teachers and we won Most Creative entry! Whoo Hoo! It is always fun to represent our church. Thanks to all who volunteered at our booth to sell tickets to our drive through Pork Dinner (Thanks Dyers for all your work on the dinner!)

Finally, I want to say THANK YOU to all of our amazing volunteers who help so hard to keep the churches moving forward. I am forever grateful for you all! See you around our towns... Together on the Journey!

Pastor Julie



Worship 11:00 a.m.

Summer Series—Share a Fruit...A Fruit of the Spirit—Galatians 5:23-24

July 6 Rooted in Love (Love)
John 15: 9-17; Galatians 5: 1, 13-14, 22-23, 25 **Communion**

July 13 Joy That Overflows (Joy)
Philippians 4:4-7; Psalms 16:1

July 20 Calm in the Chaos (Peace)
John 14:27; Isaiah 26:3

July 27 The Waiting Game (Patience)
James 5:7-11; Romans 8:24-25

August 3 The Ripple Effect (Kindness) Ephesians 4:32;
Luke 6:35 **Communion**

August 10 Good to the Core (Goodness) Micah 6:8;
Romans 12:9-21

August 17 Standing Firm (Faithfulness) Matthew 25:31
Lamentations 3:22-23

August 24 Strength Under Control (Gentleness) Proverbs 15:1
Matthew 11:28-30

August 31 Mastering Me (Self-Control) Titus 2:11-12
1 Corinthians 9:24-27

September 7 Part of a Fruit Salad
Galatians 5:22-23
Communion



Pastor's Day of Prayer

The Pastor will be having her monthly day of prayers on July 29 and August 21. If you have prayer requests, please get them to her by the day before prayer day.. You are also invited to pray for her on that day as well.

Church Meeting

The Church Administrative Board will have our summer meetings July 21 and August 18 at 7:00 pm. If you do not get the Zoom information please contact Pastor Julie. If you would like to know about the business.



Shalom Village Meetings will begin again in late July or early August. . We will let all know when the meeting be. The meeting will be a hybrid meeting both in person and on zoom.. We will be looking at building our plans to start to look for grants and continue working on building partnerships . Let Pastor Julie know if you would like to attend.

Fruit Potluck—We are having a potluck of fruit dishes this “Fruit of the Season” summer. It is on August 3 following church. Bring a dish to share (try and find a dish to share that has some kind of fruit as a part of the dish!) We will supply the plates and silverware and drinks. Come and have a “fruity” time!

COTV Staff

Pastor: Rev. Julie Elkins
Lay Leader: JoDee Rich
Organist: Mary Ellett
Custodian: Andy Phimmason

Faithful Disciples who are Answering the Call to Serve during the months of July and August

7/6, 7/20, 8/3, 8/24, 9/7 Candy Schauer
7/13, 8/10, 8/31: Eddie LeClair
7/27; 8/17 : Arnie Aranico

Renee Calsmer
Kathie Carrick
Kathryn McCreary
Becky McLachlan
Ann Pickard
David Rudolph
Diane Watters



Friends and family dealing with illness, treatment, and transitions

Relay for Life of San Diego - Methodists in Motion

Our relay for life team *Methodists in Motion* is again involved in this years relay on August 23 from 10:30 am to 10:30 pm. What you can do...be a part of the team (you do not have to be there the whole time or at all—there is virtual participation), you can sponsor the team and/or get others to sponsor the team, you can help with our fundraising, you can donate gifts or baskets for our table auction day of event, you can make items to sell at the table day of, you can purchase luminaria bags for the event, you can pray for us and the event. If you would like to help in any of these ways, please contact our team captain, Pastor Julie, Our next fundraiser is our Pancake Breakfast at Chapel of the Valley on August 9 from 9:00 am until 11:00 am . We would love help cooking and serving the breakfast and also getting people to come and supporting our team. This is also, the last day to turn in Clothes for a Cause at the Pancake Breakfast. Many of our members and our family have been touched by cancer...this is our way to help. Again, talk with Pastor Julie if you can help in any ways. We are also looking for survivors and caregivers to honor during our day August 23.



40 Years of Impact.



Ice Cream Social for Volunteers in Medicine

We are having our annual ice cream social to raise funds for Volunteers in Medicine. The Ice Cream Social will be held on August 24 at 3:00 p.m. There will be games and fun plus of course ice cream. Please tell everybody about it and raise funds for Volunteers in Medicine.



July and August Birthdays and Anniversaries

07/07 Ann Pickard
07/16 David Rudolph
07/18 Dennis McCreary
Messenger



08/10 Sonia Aranico
08/20 Becky McLachlan

07/18 Ron & Ruth Crise
08/19 Dennis & Kathleen McCreary
08/22 Jeff & Kathleen



03/17 Wanda LeClair
07/20 Mary Ellett
07/27 Diane Wellman
08/08 Jim Seaton