



Come join us as we
 celebrate
 God's Creation
 Spring
 And May Day
 May 3
 10am —1pm
 Chapel of the Hills
 Descanso



There will be games and food crafts, bouncy house, blessing of the animals and so much more. This event is for the whole community. Come and bring your friends (including your furry friends for the blessing of the animals)

United Methodist Chapel of the Valley
 1465 E. Madison Ave.
 El Cajon CA 92019-1002

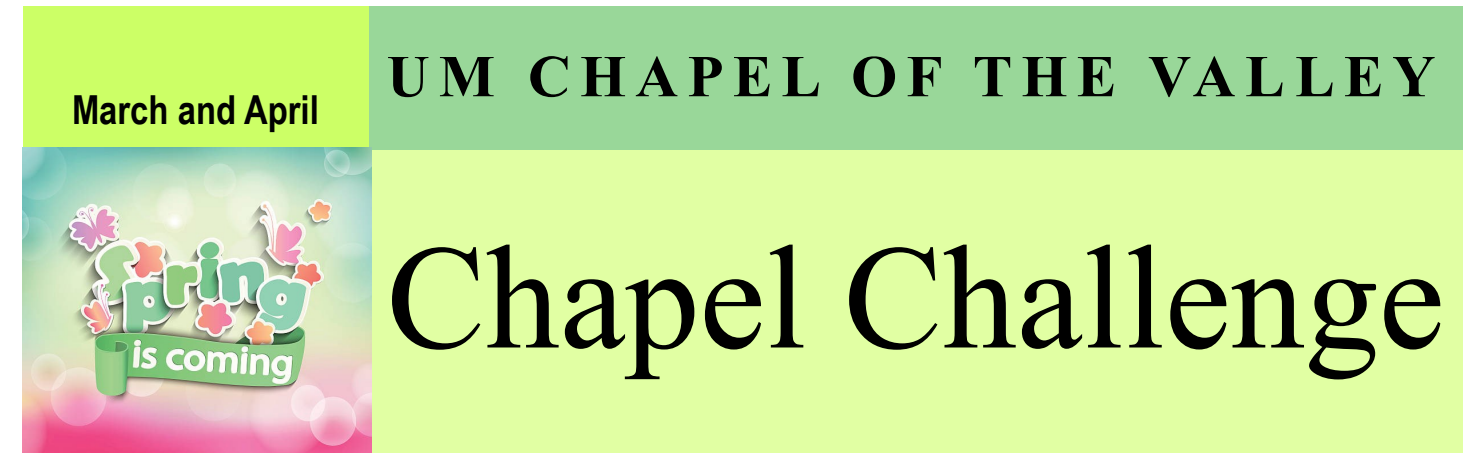
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Dated Material



www.umchapelvalley.org



From Julie's Journal

As I am writing this we are coming upon lent. Often times people talk about what to give up for lent. Lent is a time of repentance, fasting, and reflection. It is also a time to practice good deeds. I saw an article about Pope Francis. He encouraged people to give up indifference, and harmful words such as gossip and rumors. To give up things that could be harmful to others. Instead he also suggested this list. 1. Say hello. (every time and everywhere) 2. A thank you (even if you're not "expected"). 3. Remind others how much you love them 4. Say hello to people you see every day. 5. Listen to each other's stories without prejudice, with love. 6. Pay attention to those who need you. 7. To lift someone's spirits. 8. Celebrate the good sides or successes of others. 9. Choose what you don't use and donate it to someone who needs it. 10 . When it is necessary to help another instead of resting. 11 . Remind with love, don't keep silent out of fear. 12 . Getting deep with those close to you. 13. Helping others overcome obstacles. 14, Call your parents if you are lucky enough to still have them.

I think these are all good ideas! I for one would like to do all of these throughout Lent and then continue the practices. What do you want to give up and what do you instead want to do?

This lent, and continuing through Easter and the first two Sundays of Eastertide, we are going to be encountering Jesus on the road to Jerusalem. And just like the people in the scriptures that Jesus encounter and are transformed, we too can be transformed. I also will be looking at the different

places where Jesus encountered the people. We will look at these places the way they would have been and perhaps what they are now.

I also want to share, that I am currently in the process of working with both administrative boards, the Bishop and the cabinet and Lily Foundation in taking a four month sabbatical in 2026. The Lily Foundation gives grants to churches and pastors to take renewal leave. I will be sharing much more if we receive approval to a grant for the churches and myself. It would be a wonderful opportunity for all of us if it goes through. It is in the beginning stages of the process and I will make sure to fill you all in as the process continues.

Finally, be sure to read the rest of the newsletter as there are events and dates to pay attention too. Don't forget to change your clocks! Read about our fundraiser for Relay for Life at the Vendors for a Cause Fair at Chapel of the Valley. Holy week worship celebrations on Maundy Thursday and Good Friday. The May Day Celebration at Chapel of the Hills on the first Saturday of May. There will be many fun activities and it ending with a blessing of the animals.

See you around town!
 Together on the Journey!
 Pastor Julie



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Worship 11:00 a.m.

Lent Series—Encounters with Jesus on the Journey to Jerusalem

March 9 Reaching for Healing

Mark 5:25-34 **Encounter:** hemorrhaging woman **Place:** Capernaum

1st Sunday of Lent

March 16 Compassion the Raises the Dead

Luke 7:11-17 **Encounter:** Widow in Pain **Place:** Nain

2nd Sunday of Lent

March 23 Faith That Won't Be Denied

Mark 7:24-30 **Encounter:** Syrophenician Woman **Place:** Tyre & Sidon

3rd Sunday of Lent

March 30 Called by Name

Luke 19:1-10 **Encounter:** Zaccheus **Place:** Jericho

4th Sunday of Lent

April 6 Eyes Opened, Hearts Changed

John 9:1-41 **Place:** Jerusalem **Encounter:** Man Born Blind

5th Sunday of Lent Communion

April 13 Preparing for the King

John 12:1-19 **Encounter:** Man Born Blind **Place:** Jerusalem

6th Sunday of Lent Palm Sunday

April 17 The Struggle to Stay Awake

Matthew 26:36-46 **Encounter:** The 3 Disciples **Place:** Gethsemane

Maundy Thursday

April 20 Called by Name, Raised to Life

Encounter: Mary Magdalene **Place:** Upper Room, Jerusalem **Easter**

April 27 Blessed are the Non-See-ers

John 20:19-31 **Encounter:** Doubting Thomas **Place:** Upper Room

1st Sunday after Easter

May 4 In the Breaking of the Bread

Luke 24:13-35 **Encounter:** Disciples **Place:** Road to Emmaus

2nd Sunday of Easter Communion



Pastor's Day of Prayer

The Pastor will be having her monthly day of prayers on March 13 and April 24. If you have prayer requests, please get them to her by the day before prayer day.. You are also invited to pray for her on that day as well.



March 9—Set your clocks forward!



Faithful Disciples who are Answering the Call to Serve during the months of March and April as Scripture Readers

3/23; 4/6; 5/4: Candy Schauer

3/9; 3/30; 4/20: Eddie LeClair

3/16; 4/13; 4/27 : Arnie Aranico

COTV Staff

Pastor: Rev. Julie Elkins

Lay Leaders: Edna Munro & JoDee Rich

Organist: Mary Ellett

Custodian: Andy Phimmason

Renee Calsmer
Kathie Carrick
Stuart Harvey
Kathryn McCreary
Becky McLachlan
Ann Pickard
David Rudolph
Diane Watters



Friends and family dealing with illness, treatment, and transitions

Church Meeting

The Church Administrative Board will have our spring meetings March 24 and April 28 at 7:00 pm. If you do not get the Zoom information please contact Pastor Julie. If you would like to know about the business.



Shalom Village Meetings have been put on hold until the end of March. We will let all know when they are meeting again. The meetings will be a hybrid meeting both in person and on zoom.. We will be looking at building our plans to start to look for grants and continue working on building partnerships . Let Pastor Julie know if you would like to attend.

Relay for Life of San Diego is having a Vendors for a Cause Fair at Chapel of the Valley on April 12 from 10 am—4 pm. We will be selling breakfast for the vendors as they set up and for the early shoppers and then lunch for the later shoppers, If you can help, please let Pastor Julie know.. You can also help by telling all your friends about the event. There will be over 30 vendors and crafters selling items. Also, if you are a vendor yourself and would like to participate, let Pastor Julie know and she will put you in touch with the administrator. It is to raise funds for American Cancer Society.

March and April Birthdays and Anniversaries

03/02 Stuart Harvey
Paul Elkins
03/11 Jeff Seaton
03/16 Stephanie Byrd
03/17 Wanda LeClair
03/20 Carolyn Robbins
03/21 Virginia Copeland
03/27 Kevin Jones
03/29 Marco Valdez
03/30 Stephanie Schauer

04/03 Jennifer House
04//05 Ruth Crise
04/07 Phyllis Lyle
Candace Schauer
04/09 JoDee Rich
04/13 Lorraine Lonn
04/14 Zoey Harlow
04/20 Catherine Carrick
04/25 Michael Elkins
Vincent Crise

03/07 Jenee & Ben Harlow
03/24 Robert & Lorraine Lonn
04/02 Allen & Virginia Copeland



If you have a prayer concern, please call the church office, or Pastor Julie, or Candy Schauer and we will start the prayer chain (both email and phone).



LENT

Lent Worship Series is Encounters with Jesus on the Journey to Jerusalem. Each week we will be looking at encounters with Jesus and how they were transformed and the places they met. This series will continue through Easter and the first two Sunday of Eastertide.

We also will be having a Maunday Thursday evening service at Chapel of the Valley and a Good Friday Service.at Chapel of the Hills. Both services will start at 6:30 p.m.

