

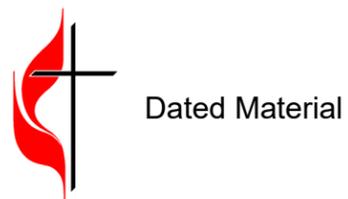


Lent starts with Ash Wednesday, February 17th. Our theme for the season is At the Crossroads. Join us as we look at the choices we, and those in Scripture, make when at the Crossroads. More information inside on insert.

Join in the Crossroads Challenge during the 40 Days of Lent. See the insert inside for details.

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www.umchapelvalley.org

From Julie's Journal

I am still trying to catch up to the fact that we are in 2021 as I am writing this entry knowing that it is for February. Not only that, but it is in this month that we are already beginning the season of Lent. It was in Lent last year that we stopped the life that we all knew and started a way of life that we originally thought would only be for a few weeks...then a few months...and now we are almost a year into it. Yet, here we are. This month is starting with our next in-person outdoor service on February 7. Please see the article talking about the service and I hope to see you all there. Then in the following weeks is when Lent starts with Ash Wednesday. We will be having a digital service and also a zoom meeting instead of an in-person service. We will be sending out the service and zoom information to you all. This year our theme for Lent is "At the Crossroads." There is an insert that describes our series and the schedule of events. I hope that you will take in all of the programs, events and services we will be offering during lent.

One of those programs is the Crossroads Challenge. This is a challenge for all of us. I was inspired

Inside this issue:

Julie's Journal and Day of Prayer	1, 2
Worship Themes	2
Prayer Concerns and Prayer Chain Info	3
In Person Service	3
Meeting Announcement	3
Birthdays and Anniversaries	2
Lenten Activities	in- sert

by my daughter, Jenee Harlow. She is a personal trainer and her and her husband did a program called "Hard 75." It lasted for 75 days and it included challenges to do certain activities (or to not partake of other activities) for 75 days. It was a personal fitness and mind fitness challenge including exercise and diet and reading and learning. She then decided to do her own version for her clients. I was starting work on the Lenten series "At the Crossroads" and thought we could do something like that as we prepare ourselves for the journey. Being at the crossroads is where we make decisions...where choices are made that helps us move forward on the right path that God is calling us to. I am calling this the "Crossroads Challenge." It will challenge us to make choices for our bodies, minds and souls. Each day through Lent, I challenge you and all of us (including myself) to make choices that are healthy and will help us to grow and improve in body, soul and mind. Please see the details in the insert that includes the whole challenge. I also want to have a mid-week zoom gathering to discuss how it is going and if there are any insights we are having as we do the challenge. We can help each other follow through during the challenge and grow together and when one of us struggles, we can help lift each other.



In February we will still be having our worship experiences on the web and through the devotion guides. Each week we will be having a Zoom "Coffee Time" at 10:00 am. Look for the zoom address on the email or letter that comes with your weekly devotion guide. See you on the web! We will have an in-person worship service on February 7 at 10:30 am. Please look on the other page for details. We will still be having our online presence if you are feeling safer still at home.

Feb. 7 *Renew and Soar*
Isaiah 40:21-31

Feb. 7 In Person Service

Feb. 14 *All For Love*
I Corinthians 13

Feb. 17 *At the Crossroads: David*
Ash Wednesday Service

Feb. 21 *At the Crossroads: Ruth*
Book of Ruth

Feb. 28 *At the Crossroads: Jacob's*
Sons Sections of Genesis

Mar. 7 *At the Crossroads: Rich*
Young Ruler Luke 18:18-30

Mar. 7 In Person Service

From Julie's Journal

We will also be having a few more in-person services as we are able through Lent. Please pay attention to our letters that we will be sending out, our Facebook page and our webpage.

Another thing I want to share here is about the vaccination programs for Covid 19. I hope that you are able to walk through the system in our county and through your health insurances. If you choose to have the vaccine and have been having trouble, please let me know and I will do my best to help you in the process. Several of my colleagues are trying to put together teams and information on this. I care about you all and want to be here in support of your choices.

Finally, as this has become known as the month of love...let me share this. "For God so loved the world that he gave His Son."

You are loved! You are cherished! By both God and me! May you feel and know that love in a real way as you read this!

Together on
the Journey!
Pastor Julie



Pastor's Day of Prayer

This month the Pastor's Day of Prayer is scheduled for February 18. If you have prayer concerns to be included in her prayer time, please let the office know by February 17. Please join Pastor Julie in prayer on That day as well.



Birthdays & Anniversaries

Bill Rudolph	02/13
Delyth Owen	02/14

COTV Staff

Pastor:	Rev. Julie Elkins	Lay Leader:	Edna Munro
Organist:	Mary Ellett	Treasurer :	Phyllis Lyle
Choir Director:	Elaine Harvey		

Henry Brown
Robert and Ellen Draper
Patsy McKinney
Becca McLachlan
Vi Moore
Steve Mohr
Donna & Jim Seaton
Renee Calsmer
Lee Carrick
Family of Agustin Valdez
Betty Rudolph



Kay Roberts
All Healthcare workers
1st Responders and all others
having to work in different
ways
*Friends and family dealing
with illness, treatment, and
transitions*

If you have a prayer concern, please call the church office, or Pastor Julie, or Candy Schauer and we will start the prayer chain (both email and phone).

Church Administrative Board Meeting

The Church Administrative Board will have our monthly meeting by zoom on February 8th at 7:00 pm. If you do not get the zoom information, please contact Pastor Julie.



In Person Worship Services—February 7 Also Souper Bowl Sunday

We will be having our monthly in-person worship service on February 7th at 10:30 am. Like the other services, it will be outside. Please bring your own chairs. There unfortunately will be no group singing or recitation allowed. The service will include communion (with individually wrapped communion elements.) The service will be approximately 30-40 minutes and include special music, prayer, scripture, a homily/reflection and communion. Check in begins at 10:00 am. Face coverings must be worn at all times while on the church campus and a minimum of 6 feet of social distance between households will be maintained. The lawn will be clearly marked. Temperature and symptom check screenings are a part of the registration. If there is inclement weather, it will be cancelled. We are following the guidelines of the United Methodist Conference and the County of San Diego. We look forward to worshipping together live and in person. If you still feel the need to stay at home, we will have our regular recording and devotion guidelines sent out. We will have soup pans to collect monetary donations for Good Shepherds Bethlehem Pantry in El Cajon.



Thank you so much for your support through the year of 2020. We were able to fulfill all our obligations to our mission outreach partners, the conference and general church. We paid our apportionments 100%. Our loan amount we still owe is below \$5000 and we should be paying it off this year. This is due in part to the help from the general church with some debt forgiveness and also through the faithfulness of Children's Choice and a forgivable loan from the government. It is especially through your faithfulness that we remain able to do the ministry we do.. Thanks to our Treasurer Phyllis Lyle who has agreed to stay on another year. Also, to the Church Administrative Board for their diligence and all of you. May 2021 be even more fruitful in ministry accomplished.

The Church office will be closed on February 15th in observance of President's Day