



March 2020

# UM CHAPEL OF THE VALLEY

## Chapel Challenge

## Together on the Journey

United Methodist Chapel of the Valley  
 1465 E. Madison Ave.  
 El Cajon CA 92019-1002

CHANGE SERVICE REQUESTED



Dated Material



### From Julie's Journal

For Lent this year, we are having the theme *Together on the Journey*. We will be looking at our own spiritual journey with God and traveling together on the journey with Christ to the cross.

According to *Got Questions*, “a **Spiritual journey** is a phrase used by many to mean the natural progression of a person as they grow in understanding of God, the world, and self. It is an intentional lifestyle of growing deeper in knowledge and wisdom.

At the heart of the spiritual journey is the understanding that it *is* a journey. None of us are perfect. Once we become believers, we are not expected to achieve instant spiritual maturity. Rather, the Christian life is a process involving both our attention ([2 Corinthians 7:1](#)) and God's work in us ([Philippians 1:6](#)). And it has more to do with opportunity and intentionality than with age ([1 Timothy 4:12](#)).

A journey filled with studying the Bible, obedience to what it says, and trusting God is a lifelong adventure that will bring true understanding of the world and a deep love for its Creator.”

<https://www.gotquestions.org/spiritual-journey.html>

### Inside this issue:

Julie's Journal and Day of Prayer	1, 2
Worship Themes and Worship Workers	2
Prayer Concerns and Prayer Chain Info	3
Dinner and Movie	3
Update on Christmas Craft Festival	3
Meetings and Announcements	2
Work day info	3

As we travel on the journey we will be looking at 6 spiritual practices with the help of Adam Hamilton and his book *The Walk*. Those spiritual practices are: worship, serve, study, share, give and prayer. We also will be looking at who has traveled the road before us, to trust in our guides and the guidebook, who is on the journey with us and how to get the strength we need for the journey.

Finally, we will see a movie *The Way* which follows a father as he travels the pilgrimage road Santiago de Compostela and is transformed.

Join us on this journey through Lent at church on Sunday mornings and at the dinner and movie.

I also encourage you to utilize the spiritual practices everyday at home. Read the scriptures of the week everyday. Serve others through acts of kindness and charity. Share your “God moments” with others around you. Give to the church and to charities. Worship and



3/1/20 *Together on the Journey:*  
*Bon Voyage*  
 Judges 18:5-6; Psalm 95:1-7  
 Proverbs 3:5-6  
**Communion, 1 Sun. of Lent**

3/8/20 *Together on the Journey:*  
*Yelp Reviews*  
 Hebrews 12:1-2; Micah 6:6-8  
**2nd Sunday of Lent**

3/15/20 *Together on the Journey:*  
*A Guide*  
 Psalm 119:97-106; 2 Timothy  
 3:14-17; Deuteronomy 28:1-2,9  
**3rd Sunday of Lent**

3/22/20 *Together on the Journey:*  
*Our Tour Group*  
 Matthew 9:36-38; John 14:25-27;  
 Matthew 4:18-20  
**4th Sunday of Lent**

3/29/20 *Together on the Journey:*  
*Its Not Just the Destination*  
 Genesis 2:1-4; Luke 22:39-42;  
 1 Timothy 6:17-19  
**5th Sunday of Lent**

4/5/20 *Together on the Journey:*  
*Strength for the Journey*  
 James 1:2-4; Matthew 21:1-11;  
 Matthew 26:36-56  
**Palm Sunday, Communion**

4/9/20 *Together on the Journey:*  
 6:15 pm *The Last Meal*  
**Meal and Communion**

**(Julie's Journal continued)**

pray daily. The world is a beautiful place and our God is worthy of our worship and praise and the world needs us to pray for all in need. Join me during my day of prayer wherever you are. These spiritual practices will help you along the journey. I have signed the end of these journal entries with the words "Together on the Journey." I have always felt the power of those words knowing that I am never alone on this journey we call life. May you each feel the same.

Together on the Journey,  
 Pastor Julie

**Pastor's Day of Prayer**

This month the Pastor's Day of Prayer is scheduled for March 17. Our pastor will be away from campus to pray for the church and all persons and situations in need of prayer. If you have prayer concerns to be included in her prayer time, please let the office know by March 16. You can join Pastor Julie in prayer on that day and please pray for her as well.



**Meeting Schedule for March**

- 3/1 Vision Meeting
- 3/9 Church Ad. Board 7:00 pm



**Faithful Disciples who are Answering the Call to Serve during the month of February**

- 1: Candy Schauer
- 8: Stuart Harvey and Del Owen
- 15: Ed LeClair and Arnie Aranico
- 22: Stuart Harvey and Del Owen
- 29: Ed Le Clair and Arnie Aranico
- 4/5: Candy Schauer

Henry Brown  
 Robert and Ellen Draper  
 Patsy McKinney  
 Becca McLachlan  
 Vi Moore  
 Steve Mohr  
 Donna & Jim Seaton  
 Renee Calsmer



Agustin Valdez  
 Lee Carrick  
 Betty Rudolph  
 Ann Pickard & Family  
 Kay Roberts & Family  
 Arnie Aranico & Family

*Friends and family dealing with illness, treatment, and transitions*

If you have a prayer concern, please call the church office, or Pastor Julie, or Candy Schauer and we will start the prayer chain (both email and phone).



**Dinner and a Movie**—Our next Dinner and Movie will be on March 11 at 6:15 pm. Come enjoy a dinner (donation to cover the cost of food) and a showing of the movie *The Way* starring Martin Sheen, written and directed by Emilio Estevez. It is a story of a man who travels to France to recover the body of his son who died on the Santiago de Compostela. He resolves to take the journey himself to understand his son and himself better

**Christmas & Craft Festival is Being Planned!**

A group met and started planning the Christmas & Craft Festival. It is scheduled for December 5. We are looking for crafters to make crafts for the festival. Do you like to crochet, needlepoint, paint, can foods, etc? We would like you to participate in our Christmas & Craft Festival. We are also looking for people to help plan. Our next meeting is April 18th at 9:00 am in the craft room. Following that will be card making and crafting (we are expanding our card making to also include crafting!) Put the dates on the calendar and come and join us.



COTV Staff	
Pastor:	The Rev. Julie Elkins
Organist:	Mary Ellett
Choir Director:	Elaine Harvey
Lay Leader:	Edna Munro
Treasurer :	Phyllis Lyle
PowerPoint:	Delyth Owen



**WORKDAY AT THE CHURCH**

Our next work day at the church is March 28th from 8:30 am until 12 noon. Please come and help us get ready for our Holy week and Easter celebrations and services. We have jobs for everybody no matter what ability level you are!